## SANFORD YOUTH SUBSTANCE USE 2013 SURVEY DATA

IN THE LAST THIRTY DAYS ..







25% OF OUR HIGH SCHOOL STUDENTS AND

28% OF OUR HIGH SCHOOL STUDENTS AND

9% OF OUR HIGH SCHOOL STUDENTS AND

OF OUR JUNIOR HIGH SCHOOL STUDENTS DRANK ALCOHOL 5% OF OUR JUNIOR HIGH SCHOOL STUDENTS SMOKED MARIJUANA

4% OF OUR JUNIOR HIGH SCHOOL STUDENTS USED PRESCRIPTION DRUGS

## KIDS ARE MORE LIKELY TO USE IF...

Alcohol, marijuana and other drugs are easy for them to get They think they won't be caught by parents or police

They think alcohol, mariuana, and other drugs are not harmful

They think their parents are okay with them using

They think their friends think it's "cool" to use



In a 2012 poll, 96% of parents said they had talked to their kids about alcohol, but only 42% of kids said they had that conversation. 89% of parents said they had talked to their kids about marijuana, but only 36% of kids said they had that conversation.

Parents are the number one influence in a child's life.
Know and share the facts about alcohol, marijuana, and other drugs.
Have honest, informed conversations with your children. For many teens, losing parents' trust and respect are the most important reasons not to use alcohol, marijuana, or other drugs.

For more information, contact prevention specialists Connie Roux with Partners for Healthier Communities: (207) 608-8368 / CRoux@smhc.org or Nichole Ivey with Strategies for a Stronger Sanford: (207) 608 6021/ nivey@strongersanford.org